



THE HOLY EUCHARIST

THE THIRD SUNDAY OF LENT

March 15, 2020

10:00 AM

VISION STATEMENT

We seek to form Beloved Community, which is welcoming and diverse,
with Christian worship and service at the heart.

MISSION STATEMENT

We feed people in body, mind and spirit with the love of God, in the name of Jesus,
and by the power of the Holy Spirit.

CORE VALUES

Beloved Community + Loving Service + Sacred Space + Spirit Filled + Sustainability

Here you will find food for your soul. Here you will receive the cup of new life. Everyone is welcome to join the singing, prayer and celebration of the holy meal. If you are unfamiliar with the Episcopal Church, please allow the prayers, music and ritual to support you in worship and join in as you feel ready.

THE GATHERING RITE

HYMN *standing*

Come, thou fount of every blessing

Hymnal #686

THE ENTRANCE RITE

OPENING ACCLAMATION

Presider Bless the Lord who forgives all our sins.

People **God's mercy endures for ever.**

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

People **Amen.**

TRISAGION, *sung three times*

Ho - ly, ho - ly, ho - ly God, ho - ly and might - y,

ho - ly and im - mor - tal, have mer - cy on us.

COLLECT OF THE DAY

Presider God be with you.
People **And also with you.**
Presider Let us pray.

The Presider prays a prayer based on the themes of the day.

THE WORD OF GOD

FROM THE HEBREW SCRIPTURES *seated*

Exodus 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the LORD?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the LORD, "What shall I do with this people? They are almost ready to stone me." The LORD said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, "Is the LORD among us or not?"

Lector The Word of the Lord.
People **Thanks be to God.**

PSALM 95

Come, let us sing to the Holy One; *
let us shout for joy to the Rock of our salvation.

**Let us come before God's presence with thanksgiving, *
and raise a loud shout with psalms.**

For you, O God, are a great God; *
you are great above all gods.

**In your hand are the caverns of the earth, *
and the heights of the hills are yours also.**

The sea is yours, for you made it, *
and your hands have molded the dry land.

**Come, let us bow down and bend the knee, *
and kneel before God, our Maker,**

For you are our God,
and we are the people of your pasture and the sheep of your hand, *
Oh, that today we would hearken to your voice!

**Harden not your hearts, as your forebears did in the wilderness, *
at Meribah, and on that day at Massah, when they tempted me;**

They put me to the test, *
though they had seen my works.

**Forty years long I detested that generation and said, *
"This people are wayward in their hearts; they do not know my ways."**

So I swore in my wrath, *
"They shall not enter into my rest."

THE EPISTLE *seated*

Romans 5:1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in

God through our Lord Jesus Christ, through whom we have now received reconciliation.

Following the reading

Lector The Word of the Lord.
People **Thanks be to God.**

SEQUENCE HYMN *standing* Tree of life



1 Tree of Life and awe - some mys - t'ry, in your
2 We re - mem - ber truth once spo - ken, love passed
3 Christ, you lead and we shall fol - low, stum - bling



death we are re - born; though you die in all of
on through act and word; ev - 'ry per - son lost and
though our steps may be; one with you in joy and



his - t'ry, still you rise with ev - 'ry morn, still you
bro - ken wears the bod - y of our Lord, wears the
sor - row, we the riv - er, you the sea, we the



rise with ev - 'ry morn.
bod - y of our Lord.
riv - er, you the sea.

Verse 4 **Living Water of salvation,
be the fountain of each soul;
springing up in new creation,
flow in us and make us whole.**

Presider The Holy Gospel of our Lord Jesus Christ according to John.
People **Glory to you, Lord Christ.**

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking

with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

Following the reading

<i>Presider</i>	The Gospel of the Lord.
<i>People</i>	Praise to you, Lord Christ.

SERMON

The Rev. Canon Britt Olson

THE NICENE CREED *said by all, standing*

**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.
We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father, God from God,
Light from Light, true God from true God,
begotten, not made, of one Being with the Father.
Through him all things were made.**

For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.

On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,
and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE

The Intercessor offers the petitions, and the People respond

Hear our prayer

THE CONFESSION

The Presider says

Let us confess our sins to God.

Silence may be kept.

Presider and People

God of all mercy,

**we confess that we have sinned against you,
opposing your will in our lives.**

**We have denied your goodness in each other,
in ourselves, and in the world you have created.**

**We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.
Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.**

ABSOLUTION

THE PEACE *standing*

Presider The peace of Christ be always with you.

People **And also with you.**

The People offer a greeting of peace to one another.

KIDS' WORD

Sara Bates

All children and those with a childlike heart are invited to come to the front of the altar to participate in a message for children.

ANNOUNCEMENTS, BIRTHDAYS, ANNIVERSARIES, AND SPECIAL PRAYERS

OFFERTORY HYMN

As the deer



1. As the deer runs to the riv - er,
 2. When your Is - rael crossed the des - ert
 3. "Come and drink," I - sa - iah sum - moned,
 4. Christ, we come from des - ert plac - es,



parched and wear - y from the chase,
 where no stream or spring was seen,
 "all who for God's mer - cy plead!
 deep - est thirst un - sat - is - fied.



we have come from hurt and hur - ry,
 Mo - ses struck the rock, and wa - ter
 God's for - give - ness, like a foun - tain,
 Lead us to the wa - ters flow - ing



thirst - ing for your heal - ing grace.
 flowed for them, re - fresh - ing, clean.
 flows to sat - is - fy your need."
 from the cross on which you died.



Je - sus, Source of liv - ing wa - ter,



may we drink of you and live!

DOXOLOGY HYMN #380 V. 3

**Praise God from whom all blessings flow;
 praise God, all creatures here below;
 praise God above, ye heavenly host;
 praise Father, Son, and Holy Ghost.**

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
 heaven and earth are full of your glo - ry. Ho -
 san - na in the high - est. Ho - san - na in the high - est.
 Blessed is he who comes in the name of the Lord. Ho -
 san - na in the high - est. Ho - san - na in the high - est.

The prayer continues until

Presider Therefore we proclaim the mystery of faith:

All **Christ has died.
 Christ has risen.
 Christ will come again.**

The prayer continues until

Presider By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

All **Amen.**

THE LORD'S PRAYER

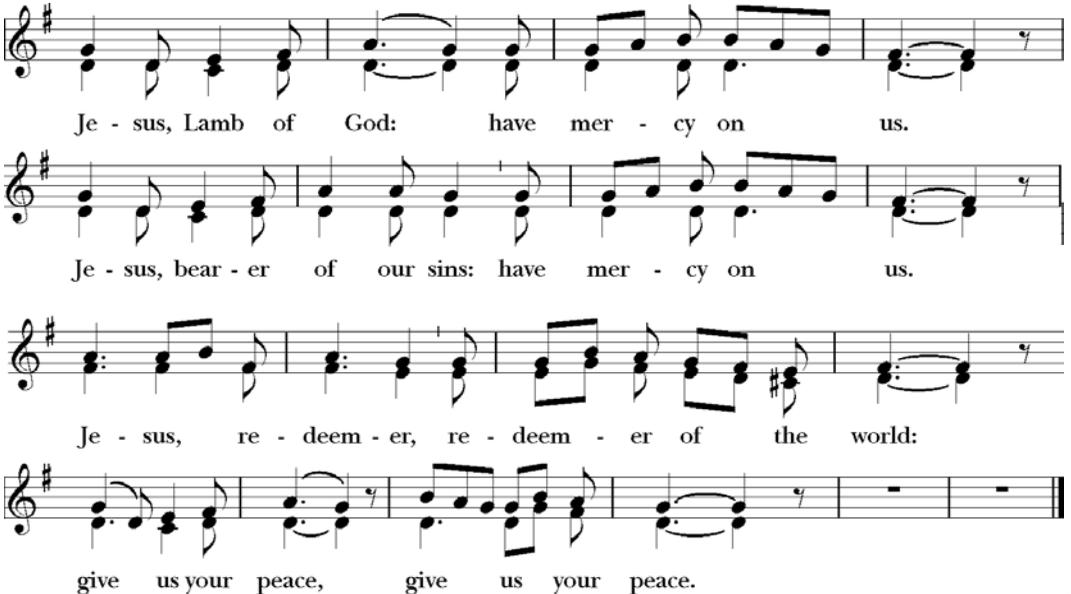
Presider As Christ teaches us we pray,

People and Presider

**Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.**

THE BREAKING OF THE BREAD

The Presider breaks the consecrated Bread. Silence may be observed.



Je - sus, Lamb of God: have mer - cy on us.

Je - sus, bear - er of our sins: have mer - cy on us.

Je - sus, re - deem - er, re - deem - er of the world:

give us your peace, give us your peace.

THE INVITATION AND COMMUNION

The Presider says

The gifts of God for the people of God.
Holy things for holy people.

All are welcome to receive Holy Communion. Hold your hands out in front of you to receive the bread and help guide the cup to your lips, or you may dip the bread in the wine. Gluten-free wafers are also available by request.

THE CONCLUDING RITE

PRAYER AFTER COMMUNION *standing*

Presider Let us pray.

Presider and People

**Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.
And now send us out
to do the work you have given us to do,
to love and serve you
as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. Amen.**

THE BLESSING

The Presider blesses the People.

CLOSING HYMN *standing*

Rock of ages

Hymnal #685

DISMISSAL

The Presider dismisses the People, who respond

Thanks be to God.

Spiritual Pilgrimage Meets Today After Worship

We will gather for a meal, followed by an exploration of the *Way of Love* <https://episcopalchurch.org/way-of-love>. This is a second opportunity to find out more about this journey we make during Lent and Easter season. There is a special group for teenagers who are interested in confirmation or for parents interested in the baptism of young children.

Beyond Welcome: Healing and Growing in Cultural Understanding With the Kaleidoscope Institute

The Beyond Welcome workshop at Ballard First Lutheran has been postponed; the new date is TBD. Check future bulletins and newsletters for updates.

Safeguarding God's Children and People Trainings at St. Luke's

St. Luke's will be providing free trainings on April 25 on Safeguarding God's Children (10am-12:30pm) and Safeguarding God's People (1pm-3:30pm). These trainings are required for all staff, Bishop's Committee members, volunteers who work with children, and anyone who holds a key to any of our buildings. These trainings need to be repeated every five years. If you've taken them in the past and your certificates have expired, you may renew them by taking the trainings either in person or online. Those who aren't required to take the trainings are also welcome to attend. Both trainings help us identify and respond to abuse and exploitation in the church to help keep our community safe. Advance registration is required; contact Niki at office@stlukesseattle.org or 206.784.3119 to sign up or with questions. If you're not available on April 25, visit <https://ecww.org/safeguarding-trainings/> to see upcoming training dates at other locations.

The Bishop's Leadership Conference 2020

Parishioners in leadership roles are encouraged to attend The Bishop's Leadership Conference from April 27-28 at Fort Warden in Port Townsend. The conference explores what it means to be faithful, healthy, and effective in your church's current, local context and helps discern if God is calling your congregation to grow in new ways.

On the first day, each church connects and networks with other churches of similar size to share and discover strengths specific to that size. On the second day, learn more about how growth would look by joining the next congregational size up. Using *Sources of Transformation* as a foundation for the work, attendees explore how stewardship, marketing and evangelism, discipleship, communications, faith formation, finances, and property and building maintenance operate at all congregational sizes. For more information or to register, visit <https://cutt.ly/blc2020>



St. Luke's
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Church

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You can **contribute** to St. Luke's and to our Edible Hope, our meals ministry, by setting up auto pay with our office, **donating online** from the St. Luke's website, or via PayPal with a credit or debit card.

Find and "like" us on Facebook at St. Luke's Seattle so that you're always up-to-date on what's happening in the parish. Feel free to share our events and posts with your friends!

Liturgical Ministers

Presider & Preacher
Musician
Altar Guild

The Rev. Canon Britt Olson
Ivar Hillesland
Bernadette Walcott