

10:00am



St. Luke's
Episcopal
Church

THE HOLY EUCHARIST

THE SECOND SUNDAY AFTER PENTECOST

June 23, 2019

5710 22nd AVE NW
SEATTLE, WA 98107
206.784-3119 • WWW.STLUKESSEATTLE.ORG

Here you will find food for your soul. Here you will receive the cup of new life. Everyone is welcome to join the singing, prayer and celebration of the holy meal. If you are unfamiliar with the Episcopal Church, please allow the prayers, music and ritual to support you in worship and join in as you feel ready.

THE GATHERING RITE

HYMN *standing* Praise to the living God *Hymnal #372*

THE ENTRANCE RITE

OPENING ACCLAMATION

Presider Blessed be God: Father, Son and Holy Spirit
People **And blessed be God's kingdom, now and for ever. Amen.**
Presider Almighty God, you know our thoughts and our desires;
 there is nothing we can hide from you. Enter our hearts
 today and by your Holy Spirit help us to truly love you as we
 glorify your Holy Name; through Christ our Lord.
People **Amen.**



1. Glo-ry to God, Glo-ry to God, Glo-ry in the high-est!
2. Glo-ria a Dios, Glo-ria a Dios, Glo-ria en los cie - los!



To God be glo-ry for - ev - er!
A Dios la glo-ria por siempre!



Al-le-lu-ia, a - men! Al-le-lu-ia, a - men!



Al-le-lu-ia, a - men!

COLLECT OF THE DAY

Presider God be with you.
People **And also with you.**
Presider Let us pray.

The Presider prays a prayer based on the themes of the day.

THE WORD OF GOD

THE FIRST LESSON *seated*

1 Kings 19:1-15a

Ahab told Jezebel all that Elijah had done, and how he had killed all the prophets with the sword. Then Jezebel sent a messenger to Elijah, saying, "So may the gods do to me, and more also, if I do not make your life like the life of one of them by this time tomorrow." Then he was afraid; he got up and fled for his life, and came to Beer-sheba, which belongs to Judah; he left his servant there.

But he himself went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O Lord, take away my life, for I am no better than my ancestors." Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat." He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the Lord came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you." He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God. At that place he came to a cave, and spent the night there.

Then the word of the Lord came to him, saying, "What are you doing here, Elijah?" He answered, "I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away."

He said, "Go out and stand on the mountain before the Lord, for the Lord is about to pass by." Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the Lord, but the Lord was not in the wind; and after the wind an earthquake, but the Lord was not in the earthquake; and after the earthquake a fire, but the Lord was not in the fire; and after the fire a sound of sheer silence. When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Then there came a voice to him that said, "What are you doing here, Elijah?" He answered, "I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away." Then the Lord said to him, "Go, return on your way to the wilderness of Damascus."

Following the reading

Lector The Word of the Lord.
People **Thanks be to God.**

PSALM 42

- 1 As the deer longs for the water-brooks, *
so longs my soul for you, O God.
- 2 My soul is athirst for God, athirst for the living God; *
when shall I come to appear before the presence of God?**
- 3 My tears have been my food day and night, *
while all day long they say to me,
"Where now is your God?"
- 4 I pour out my soul when I think on these things: *
how I went with the multitude and led them into the house of God,**
- 5 With the voice of praise and thanksgiving, *
among those who keep holy-day.
- 6 Why are you so full of heaviness, O my soul? *
and why are you so disquieted within me?**
- 7 Put your trust in God; *
for I will yet give thanks to him,
who is the help of my countenance, and my God.
- 8 My soul is heavy within me; *
therefore I will remember you from the land of Jordan,
and from the peak of Mizar among the heights of Hermon.**
- 9 One deep calls to another in the noise of your cataracts; *
all your rapids and floods have gone over me.
- 10 The LORD grants his loving-kindness in the daytime; *
in the night season his song is with me,
a prayer to the God of my life.**
- 11 I will say to the God of my strength,
"Why have you forgotten me? *
and why do I go so heavily while the enemy oppresses me?"
- 12 While my bones are being broken, *
my enemies mock me to my face;**
- 13 All day long they mock me *
and say to me, "Where now is your God?"

**14 Why are you so full of heaviness, O my soul? *
and why are you so disquieted within me?**

15 Put your trust in God; *
for I will yet give thanks to him,
who is the help of my countenance, and my God.

THE EPISTLE *seated*

Galatians 3:23-29

Now before faith came, we were imprisoned and guarded under the law until faith would be revealed. Therefore the law was our disciplinarian until Christ came, so that we might be justified by faith. But now that faith has come, we are no longer subject to a disciplinarian, for in Christ Jesus you are all children of God through faith. As many of you as were baptized into Christ have clothed yourselves with Christ. There is no longer Jew or Greek, there is no longer slave or free, there is no longer male and female; for all of you are one in Christ Jesus. And if you belong to Christ, then you are Abraham's offspring, heirs according to the promise.

Following the reading

Lector The Word of the Lord.
People **Thanks be to God.**

SEQUENCE HYMN *standing*

Al - le - lu - ia. Al - le - lu - ia. Al - le -
lu - ia. Al - le - lu - ia. Al - le - lu - ia. Al - le -
lu - ia. Glo - ry, love, and praise to God.

THE HOLY GOSPEL *standing*

Luke 8:26-39

Presider
People

The Holy Gospel of our Lord Jesus Christ according to Luke.
Glory to you, Lord Christ.

Jesus and his disciples arrived at the country of the Gerasenes, which is opposite Galilee. As he stepped out on land, a man of the city who had demons met him. For a long time he had worn no clothes, and he did not live in a house but in the tombs. When he saw Jesus, he fell down before him and shouted at the top of his voice, "What have you to do with me, Jesus, Son of the Most High God? I beg you, do not torment me" -- for Jesus had commanded the unclean spirit to come out of the man. (For many times it had seized him; he was kept under guard and bound with chains and shackles, but he would break the bonds and be driven by the demon into the wilds.) Jesus then asked him, "What is your name?" He

said, "Legion"; for many demons had entered him. They begged him not to order them to go back into the abyss.

Now there on the hillside a large herd of swine was feeding; and the demons begged Jesus to let them enter these. So he gave them permission. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned.

When the swineherds saw what had happened, they ran off and told it in the city and in the country. Then people came out to see what had happened, and when they came to Jesus, they found the man from whom the demons had gone sitting at the feet of Jesus, clothed and in his right mind. And they were afraid. Those who had seen it told them how the one who had been possessed by demons had been healed. Then all the people of the surrounding country of the Gerasenes asked Jesus to leave them; for they were seized with great fear. So he got into the boat and returned. The man from whom the demons had gone begged that he might be with him; but Jesus sent him away, saying, "Return to your home, and declare how much God has done for you." So he went away, proclaiming throughout the city how much Jesus had done for him.

Following the reading

Presider The Gospel of the Lord.
People **Praise to you, Lord Christ.**

SERMON

Kristen Daley Mosier

THE NICENE CREED *said by all, standing*

**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.
We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father, God from God,
Light from Light, true God from true God,
begotten, not made, of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:**

by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.

On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,
and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE

The Intercessor offers the petitions, and the People respond

Hear our prayer.

THE CONFESSION

The Presider says

Let us confess our sins to God.

Silence may be kept.

Presider and People

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;**

**we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

ABSOLUTION

THE PEACE *standing*

Presider The peace of Christ be always with you.

People **And also with you.**

The People offer a greeting of peace to one another.

KIDS' WORD

Sara Bates

All children and those with a childlike heart are invited to come to the front of the altar to participate in a message for children.

ANNOUNCEMENTS, BIRTHDAYS, ANNIVERSARIES, AND SPECIAL PRAYERS

Refrain

One bread, one bod-y, one Lord of all; one cup of
 bless-ing which we bless, and we, though man-y
 through-out the earth, we are one bod - y in this one Lord.

1 Gen - tile or Jew, ser - vant or free,
 2 Man - y the gifts, man - y the works,
 3 Grain for the fields, scat-tered and grown,

wom-an or man, no more.
 one in the Lord of all.
 gath-ered to one for all.

Refrain

DOXOLOGY HYMN #380 V. 3

Praise God from whom all blessings flow;
 praise God, all creatures here below;
 praise God above, ye heavenly host;
 praise Father, Son, and Holy Ghost.

THE HOLY COMMUNION

In the Holy Communion we experience the Real Presence of our Lord and Savior Jesus Christ. All adults and children who desire to receive Him are encouraged to come forward to receive.

THE EUCHARISTIC PRAYER

Presider God dwells in you.

People **And also in you.**

Presider Come to the table with thankful hearts.

People **We open our hearts to God and to one another.**

Presider Creative God, source of all life and ground of our being, you are the vibrant energy dancing at the center of the universe! Through us you move, and through us you are made known to the world. Co-creators with you, we are emboldened to move beyond ourselves, to find the courage to let go of old ways and welcome new life.

And so, in concert with those of every generation who have been touched by your redeeming love, we lift our praise to you as we sing:

Refrain/Estribillo



San-to, san - to, san - to, san - to, san-to, san - to_es nues - tro Dios,
Ho - ly, ho - ly is our God,



Se - ñor de to - da la tie - rra. San - to, san - to_es nues - tro Dios.
God, the Lord of earth and heav - en. Ho - ly, ho - ly is our God.



San-to, san - to, san - to, san - to, san-to, san - to_es nues - tro Dios,
Ho - ly, ho - ly is our God,



Se - ñor de to - da la his - to - ria. San - to, san - to_es nues - tro Dios.
God, the Lord of all of his - t'ry. Ho - ly, ho - ly is our God.



Que a - com - pa - ña a nues - tro pue - blo, que vi - ve en nues - tras lu - chas,
Who ac - com - pa - nies our peo - ple, who lives with - in our strug - gles,



del u - ni - ver - so en - te - ro el ú - ni - co Se - ñor.
of all the earth and heav - en the one and on - ly Lord.



Ben - di - tos los que en su nom - bre el e - van - ge - lio a - nun - cian,
Blest are they who in the Lord's name an - nounce the ho - ly gos - pel,



la bue - na y gran no - ti - cia de la li - be - ra - ción.
pro - claim - ing the good news that our lib - er - a - tion comes.

Presider Holy God, in your image you created us, giving the earth into our care. In our arrogance, we lost touch with the breath of God within us, growing blind to its beauty and deaf to its harmonies. But through Christ, born of a woman, you brought us into union with you and all creation.

On that evening in an upper room, with his friends around him, our brother Jesus blessed the bread, broke it, and shared it with all who were gathered: This bread is my body, an offering of God's love for all. When you eat it, remember me.

Taking the cup of wine, he blessed it and shared it with all who were gathered: This wine is my blood, God's promise of new life for all. When you drink it, remember me.

God, in the memory of Jesus who healed people and washed his disciples' feet, who loved children and honored outcasts, who fed people and turned water into wine, who died and rose to new and unending life, we ask that you breathe on this bread and this wine, filling them with the transforming power of the cosmic Christ.

All **Breathe through us, God,
that our bodies, minds, souls, and spirits
may be filled with your life-giving presence.
Make us again a holy people,
strongly bound to you,
firmly rooted in the earth,
with eyes to see all life as sacred.
Empower us to spread the light of Christ
in our troubled and confusing world.
Amen.**

THE LORD'S PRAYER

Presider As Christ teaches us we pray,

People and Presider

**Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the
glory,
for ever and ever. Amen.**

THE BREAKING OF THE BREAD

The Presider breaks the consecrated Bread. Silence may be observed.

Presider We break this bread to share in the body of Christ.

People **We who are many, are one body for we all share the
one bread.**

THE INVITATION AND COMMUNION

The Presider says

The gifts of God for the people of God.
Holy things for holy people.

All are welcome to receive Holy Communion. Hold your hands out in front of you to receive the bread and help guide the cup to your lips, or you may dip the bread in the wine. Gluten-free wafers are also available by request.

THE CONCLUDING RITE

PRAYER AFTER COMMUNION *standing*

Presider Let us pray.

Presider and People

**God of abundance,
you have fed us
with the bread of life and cup of salvation;
you have united us
with Christ and one another;
and you have made us one
with all your people in heaven and on earth.
Now send us forth
in the power of your Spirit,
that we may proclaim your redeeming love to the world
and continue for ever
in the risen life of Christ our Savior.
Amen.**

THE BLESSING

The Presider blesses the People.



1 I'm so glad I'm so glad
 2 Sa - tan had me bound, Je - sus lift - ed me. Sa - tan had me bound,
 3 When I was in trou - ble, When I was in trou - ble,



Je - sus lift - ed me. I'm so glad
 Sa - tan had me bound, Je - sus lift - ed me,
 When I was in trou - ble,



sing - ing glo - ry, hal - le - lu - jah! Je - sus lift - ed me.

DISMISSAL

The Presider dismisses the People, who respond

Thanks be to God. Alleluia. Alleluia. Alleluia.

Ballard Edible Garden Tour

Sustainable Ballard's 10th annual Edible Garden Tour takes place on June 29 from 10am to 3pm. Walk or bike along the self-guided tour route to find inspiration and view neighbors' gardens (including our own SLUG), fruit trees, chicken coops, and creative uses of parking strips. Gardeners will be available to answer questions. The cost is \$10 for adults and free for children. Purchase tickets and pick up a map on June 29 in the parking lot west of Trinity Church, 6512 23rd Ave NW.

Ballard Seafood Festival, July 12-14

St. Luke's is excited to have a booth at the annual Ballard Seafood Fest again! If you enjoy meeting neighbors, sharing the good news about this community, and welcoming all in God's name, then please consider joining the organizing team or volunteering at the booth. Get in touch with Julia Hunter in person or at juliashunter@gmail.com if you are able to help or have questions.

Because We're Grateful

Can you believe we're halfway through 2019? School is out for the summer, the days are at their longest, and we are settling into the period of "ordinary time" in the church calendar that lasts from Pentecost until Advent. This is a great time to reflect on how your year is going. At St. Luke's, we are so blessed by your generosity. If you have made a financial pledge for 2019, you will soon receive a mid-year contribution statement in the mail.

What is a financial pledge? Each fall, we ask you to prayerfully consider how you can financially support St. Luke's in the coming year. These pledges are a vital tool so we can budget responsibly, but more importantly, they are an outward sign of your commitment to St. Luke's and the many ministries we support in Ballard and beyond.

When can I change my pledge or make a new pledge? Anytime! While we do have a pledge drive each fall, we know your life and circumstances may not always align with the calendar. Please reach out to Niki at office@stlukesseattle.org and we will be happy to adjust your existing 2019 pledge or start a new one.

What has St. Luke's accomplished with pledge dollars in 2019? We have paid utility bills as well as salary for our priest, musician, and other staff. We have improved the health insurance and retirement benefits offered to both half- and full-time church staff. We have installed more energy-efficient outdoor lighting around our campus. The works of the Spirit are sometimes mundane, but it turns out that having a church is a lot like the rest of life. We couldn't offer a weekly worship service, support the Edible Hope Kitchen, or keep our doors open to the neighborhood through a variety of non-profit partnerships without first meeting these basic needs.

Thank you for walking with us and giving generously on the journey.



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You can **contribute** to St. Luke's and to our Edible Hope, our meals ministry, by setting up auto pay with our office, **donating online** from the St. Luke's website, or via PayPal with a credit or debit card on your smartphone using this QR code:



Find and "like" us on Facebook at St. Luke's Seattle so that you're always up-to-date on what's happening in the parish. Feel free to share our events and posts with your friends!

Liturgical Ministers

Presider

Preacher

Musician

Altar Guild

The Rev. Canon Britt Olson

Kristen Daly Mosier

Ivar Hillesland

Rose Dorbin